

June

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
				<u>Virtual Power&Chill Yoga 11:00am</u>	<u>CrossFit at The Phoenix Denver 6: 30am</u>	
				<u>Virtual Prayers (30min) 8:30pm</u>		
5	6	7	8	9	10	11
		<u>Virtual Pilates 8am</u>			<u>CrossFit at The Phoenix Denver 6: 30am</u>	
		<u>Virtual Barre 9:30am</u>				
		<u>Virtual Trauma- Informed Chair Yoga 5:00pm</u>		<u>Virtual Power&Chill Yoga 11:00am</u>		
		<u>Virtual Prayers (30min) 8:30pm</u>		<u>Virtual Prayers (30min) 8:30pm</u>		
12	13	14	15	16	17	18
		<u>Virtual Pilates 8am</u>			<u>CrossFit at The Phoenix Denver 6: 30am</u>	
		<u>Virtual Barre 9:30am</u>				
		<u>Virtual Trauma- Informed Chair Yoga 5:00pm</u>		<u>Virtual Power&Chill Yoga 11:00am</u>		
		<u>Virtual Prayers (30min) 8:30pm</u>		<u>Virtual Prayers (30min) 8:30pm</u>		
19	20	21	22	23	24	25
		<u>Virtual Pilates 8am</u>			<u>CrossFit at The Phoenix Denver 6: 30am</u>	
		<u>Virtual Barre 9:30am</u>				
		<u>Virtual Trauma- Informed Chair Yoga 5:00pm</u>		<u>Virtual Power&Chill Yoga 11:00am</u>		
		<u>Virtual Prayers (30min) 8:30pm</u>		<u>Virtual Prayers (30min) 8:30pm</u>		
26	27	28	29	30		
		<u>Virtual Pilates 8am</u>			<u>CrossFit at The Phoenix Denver 6: 30am</u>	
		<u>Virtual Barre 9:30am</u>				
		<u>Virtual Trauma- Informed Chair Yoga 5:00pm</u>		<u>Virtual Power&Chill Yoga 11:00am</u>		
		<u>Virtual Prayers (30min) 8:30pm</u>		<u>Virtual Prayers (30min) 8:30pm</u>		